Celebrate life. Celebrate death. These tough words from Osho. Yes, one can celebrate life with all its blessings of love, joy, happiness and pleasures. But celebrate death? How? No, it’s not possible. This is the first reaction. Our conditioning is so deep that it is difficult of us to accept death as we think it always happens to someone else. Not me. Nor to my dear ones. But it does happen and sometimes it comes without warning in a split second.

But to celebrate it is impossible. Fifteen years ago Osho left his body on 19 January and Osholovers have
been celebrating this day as Maha Utsav Day or the
day of a mega celebration. If you loved Osho in his
body, you also love Osho after he has left his body. And
the same should apply to our dear ones who leave their
bodies. Osho asked his people to celebrate death by
singing and dancing in a loving farewell. Some so-
called 'primitive' tribes of Africa have the same custom
of singing and dancing after the death of a dear one. It
starts with a sorrowful note of parting and then it
moves into fondness and love and finally into
celebration. So, you still cannot celebrate death? Not
really, if you listen to Osho.

Osho says, "Death is an organic, integral part of life,
and it is very friendly to life. Without it life cannot exist.
Life exists because of death; death gives the
Background. Death is, in fact, a process of renewal. And
death happens each Moment. The moment you breathe
in and the moment you breathe out, both happen.
Breathing in, life happens; breathing out, death
happens. That's why when a child is born the first thing
he does is breathe in, then life starts. And when an old
man is dying, the last thing he does is breathe out, then
life departs. Breathing out is death, breathing in is life --
they are like two wheels of a bullock cart. You live by
breathing in as much as you live by breathing out.
The breathing out is part of breathing in. You cannot
breathe in if you stop breathing out. You cannot live if
you stop dying. The man who has understood what his
life is allows death to happen; he welcomes it. He dies
each moment and each moment he is resurrected. His
cross and his resurrection are continually happening as
a process. He dies to the past each moment and he is
born again and again into the future.

If you look into life you will be able to know what
death is. If you understand what death is, only then are
you able to understand what life is.

They are organic."

Osho says, "Life is a process, timeless, beyond time.
Death is part of it. Death is a continuous revival: a help
to life to resurrect again and again, a help to life to get
rid of old forms, to get rid of dilapidated buildings, to
get rid of old confining structures so that again you can
flow and you can again become fresh and young, and
you can again become virgin."

-The Art Of Dying, #1